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What Mothers Do Especially When It Looks Like Nothing-Naomi Stadlen 2007-09-06 Instead of preaching what mothers ought to do, psychotherapist Naomi Stadlen explains what mothers already do in the course of any exhausting day's work. Drawing from countless conversations with hundreds of mothers spanning more than a decade, What Mothers Do provides lucid insight into the true experience of motherhood and answers the perennial question common to mothers everywhere: What have I done all day? Stadlen's wise reflections, threaded throughout with the voices of real mothers, explore unsentimental reactions to motherhood-resentment, guilt, splintered identity, crippling inefficiency, and deadening fatigue. Yet the overriding sentiment is one of empowerment and wonder, as Stadlen illustrates how seemingly insignificant skills such as responding to a baby's colicky cry, being instantly interruptible, or soothing an overstimulated child to sleep profoundly contribute to an individual's socialization, self-worth, and curiosity. Remarkably perceptive and heartening, What Mothers Do will resonate with mothers everywhere in search of understanding and wisdom.

What Mothers Do-Naomi Stadlen 2007 A London-based women's therapist draws on the experiences of hundreds of moms to illuminate the real-world experience of motherhood, in a tribute designed to help overwhelmed and busy readers affirm and recognize their uncelebrated everyday abilities. Original.

What Mothers Do-Naomi Stadlen 2012-07-19 'I can't emphasise enough how great What Mothers Do is' Emma Barnett 'The best book on parenting' Guardian 'Naomi Stadlen's What Mothers Do makes you feel like a million dollars' Zoe Williams Have you ever spent all day looking after your baby or young child - and ended up feeling that you have 'done nothing all day'? Do you sometimes find it hard to feel pleased with what you are doing, and tell yourself you should achieve more with your time? Maybe it's because you can't see how much you are doing already. In this unique and perceptive look at mothering, Naomi Stadlen draws on many years' work with hundreds of other mothers of a wide variety of ages and backgrounds. She explores mothers' experiences to reveal what they - and you - are doing when it may look, to everyone else, like nothing. If you are a mother, and have ever felt: that nobody understands what you do all day; overwhelmed by your feelings for your baby; tired all the time; that nothing prepared you for motherhood; uncertain what your baby seems to want; short-tempered with your partner - you will find this the most reassuring book you have ever picked up.

How Mothers Love-Naomi Stadlen 2011-09-01 Mothers describe falling in love with their babies and then, more slowly, learning to understand them. Children flourish when their mothers love and understand them. For over 20 years, Naomi Stadlen has listened to hundreds of mothers talking at her weekly discussion groups. In 'How Mothers Love' she offers unique insights into how mothers and babies learn to communicate intimately with one another. When adults relate to one another, they are building on the foundations usually laid down by their mothers. 'How Mothers Love' is a study of how mothers start to build those foundations and covers areas such as: how to create emotional 'space' for your unborn child; how to maintain a close relationship with two or more children; the transformation into motherhood and your role as a mother in wider society. By sharing the experiences of other mothers, Naomi Stadlen offers reassurance and support to all new parents as they navigate the highs and lows of the early years with their babies.

What Clergy Do-Emma Percy 2014-04-17 Clergy have a pivotal role in creating and nurturing church communities in which all people can grow up into Christ. This book explores the nature of that role by considering key similarities with the essential but often conflicting demands of motherhood. Like mothers, clergy need to preserve and hold people faithfully, while encouraging them to grow, take initiatives and become more confident and selfsupporting. This book will help clergy to think about how this is achieved through the myriad of 'small' things they do from day to day, highlighting skills such as comforting, cherishing and multi-attending - skills that are centrally important but often unarticulated and undervalued.

My Mama's Waltz-Eleanor Agnew 1999-03 Offers emotional support to women hoping to overcome the trauma of an alcoholic mother, presenting advice on how to live a fulfilling life and furnishing personal case stories of other survivors who have achieved wholeness. Reprint. Tour.

Being There-Erica Komisar 2017 In this important and conversation-starting book, veteran psychoanalyst Erica Komisar offers a provocative and compelling premise- a mother's emotional and physical presence in her child's life--especially during the first three years--means that her child has a greater chance of growing up emotionally healthy, happy, secure, and resilient. aWhen that essential presence goes missing, the child is at higher risk for social, emotional, and developmental issues, both immediate and long term. a Compassionate and balanced, and focusing on the emotional health and well-being of children as well as that of the mothers who care for them, this book shows mothers and fathers how to give their children the best chance for developing into healthy and loving adults. Based on more than two decades of clinical work, established psychoanalytic theory, and the most current and cutting-edge neurobiological research on caregiving, attachment, and brain development, the book explains- - How to establish emotional connection with a newborn or young child--regardless of whether you're able to pause your career to stay home - How to select and train quality childcare if necessary--and how to ease transitions and minimize stress for your baby or toddler - What's true and false about widely held beliefs like "Babies are resilient" and how to combat feelings of post-partum depression or boredom - Why three months of maternity leave is not long enough--and how women and their partners can take control of their choices to provide for their family's emotional needs in the first three years

What Our Mothers Didn't Tell Us-Danielle Crittenden 2009-08-25 Talk to women under forty today, and you will hear that in spite of the fact that they have achieved goals previous generations of women could only dream of, they nonetheless feel more confused and insecure than ever. What has gone wrong? What can be done to set it right? These are the questions Danielle Crittenden answers in What Our Mothers Didn't Tell Us. She examines the foremost issues in women's lives -- sex, marriage, motherhood, work, aging, and politics -- and argues that a generation of women has been misled: taught to blame men and pursue independence at all costs. Happiness is obtainable, Crittenden says, but only if women will free their minds from outdated feminist attitudes. By drawing on her own experience and a decade of research and analysis of modern female life, Crittenden passionately and engagingly tackles the myths that keep women from realizing the happiness they deserve. And she introduces a new way of thinking about society's problems that may, at long last, help women achieve the lives they desire.

Shadow Mothers-Cameron Lynne Macdonald 2011-02-09 Shadow Mothers shines new light on an aspect of contemporary motherhood often hidden from view: the need for paid childcare by women returning to the workforce, and the complex bonds mothers forge with the "shadow mothers" they hire. Cameron Lynne Macdonald illuminates both sides of an unequal and complicated relationship. Based on in-depth interviews with professional women and childcare providers-- immigrant and American-born nannies as well as European au pairs--Shadow Mothers locates the roots of individual skirmishes between mothers and their childcare providers in broader cultural and social tensions. Macdonald argues that these conflicts arise from unrealistic ideals about mothering and inflexible career paths and work schedules, as well as from the devaluation of paid care work.

What Mothers Learn-Naomi Stadlen 2020-04-02 'Naomi writes so gently; her words are a soothing balm in these months of confusion . . . Thank you, Naomi, for your wise words' JUNO It is amazing to listen to mothers and hear how much they learn. Each mother learns different things - some practical, some mysterious. However, some common patterns come through. Mothers learn that: *Mothering is more than baby- and childcare. *Babies can't talk but they can communicate. *Mothers are 'in conversation' with their babies. *Through their babies, mothers learn about themselves. *Mothers form families based on their own values. *The role of fathers is in the middle of a major change. *The reasons for maternal anger need to be understood. *Mothers can still be feminists. *Part of mothering is a spiritual experience. *Mothers bring usable experience back to their workplaces. What Mothers Learn will show, first, how learning to be a mother takes time, and then what a wonderful experience it can be. It also makes the case that, if enough of us agree that mothering is essential, society must find a way to reward the women who do it.

Mothers and Others-Sarah Blaffer Hrdy 2011-04-15 Mothers and Others finds the key in the primatologically unique length of human childhood. Renowned anthropologist Sarah Hrdy argues that if human babies were to survive in a world of scarce resources, they would need to be cared for, not only by their mothers but also by siblings, aunts, fathers, friends--and, with any luck, grandmothers. Out of this complicated and contingent form of childrearing, Hrdy argues, came the human capacity for understanding others. In essence, mothers and others teach us who will care, and who will not.

Mama, PhD-Elrena Evans 2008 Written by contributors hailing from a variety of disciplines and viewpoints, the thirty-five essays in this anthology explore the continued inequality of the sexes in higher education and suggest changes that could make universities more family-friendly workplaces. Simultaneous.

Toxic Parents-Susan Forward 2009-12-16 BONUS: This edition contains an excerpt from Dr. Susan Forward's Men Who Hate Women and the Women Who Love Them. When you were a child... Did your parents tell you were bad or worthless? Did your parents use physical pain to discipline you? Did you have to take care of your parents because of their problems? Were you frightened of your parents? Did your parents do anything to you that had to be kept secret? Now that you are an adult... Do your parents still treat you as if you were a child? Do you have intense emotional or physical reactions after spending time with your parents? Do your parents control you with threats or guilt? Do they manipulate you with money? Do you feel that no matter what you do, it's never good enough for your parents? In this remarkable self-help guide, Dr. Susan Forward drawn on case histories and the real-life voices of adult children of toxic parents to help you free yourself from the frustrating patterns of your relationship with your parents -- and discover an exciting new world of self-confidence, inner strength, and emotional independence.

Mothers Who Can't Love-Susan Forward 2013-10-01 With Mothers Who Can't Love: A Healing Guide for Daughters, Susan Forward, Ph.D., author of the smash #1 bestseller Toxic Parents, offers a powerful look at the devastating impact unloving mothers have on their daughters--and provides clear, effective techniques for overcoming that painful legacy. In more than 35 years as a therapist, Forward has worked with large numbers of women struggling to escape the emotional damage inflicted by the women who raised them. Subjected to years of criticism, competition, role-reversal, smothering control, emotional neglect and abuse, these women are plagued by anxiety and depression, relationship problems, lack of confidence and difficulties with trust. They doubt their worth, and even their ability to love. Forward examines the Narcissistic Mother, the Competitive Mother, the Overly Enmeshed mother, the Control Freak, Mothers who need Mothering, and mothers who abuse or fail to protect their daughters from abuse. Filled with compelling case histories, Mothers Who Can't Love outlines the self-help techniques Forward has developed to transform the lives of her clients, showing women how to overcome the pain of childhood and how to act in their own best interests. Warm and compassionate, Mothers Who Can't Love offers daughters the emotional support and tools they need to heal themselves and rebuild their confidence and self-respect.

Love You Forever-Robert N. Munsch 1986 As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

Strong Hearts, Inspired Minds-Anne Mavor 1996-01-01

Mothers of the Military-Wendy M. Christensen 2018-08-09 Despite the fact more women are involved in combat positions during today's wars women are still a key part of home front support. This book draws on the personal experiences of actual military mothers, examining the emotional and physical support they give to their military members and the impact of that support on political participation.

You're Wearing That?-Deborah Tannen 2006-01-24 Deborah Tannen's #1 New York Times bestseller You Just Don't Understand revolutionized communication between women and men. Now, in her most provocative and engaging book to date, she takes on what is potentially the most fraught and passionate connection of women's lives: the mother-daughter relationship. It was Tannen who first showed us that men and women speak different languages. Mothers and daughters speak the same language--but still often misunderstand each other, as they struggle to find the right balance between closeness and independence. Both mothers and daughters want to be seen for who they are, but tend to see the other as falling short of who she should be. Each overestimates the other's power and underestimates her own. Why do daughters complain that their mothers always criticize, while mothers feel hurt that their daughters shut them out? Why do mothers and daughters critique each other on the Big Three--hair, clothes, and weight--while longing for approval and understanding? And why do they scrutinize each other for reflections of themselves? Deborah Tannen answers these and many other questions as she explains why a remark that would be harmless coming from anyone else can cause an explosion when it comes from your mother or your daughter. She examines every aspect of this complex dynamic, from the dark side that can shadow a woman throughout her life, to the new technologies like e-mail and instant messaging that are transforming mother-daughter communication. Most important, she helps mothers and daughters understand each other, the key to improving their relationship. With groundbreaking insights, pitch-perfect dialogues, and deeply moving memories of her own mother, Tannen untangles the knots daughters and mothers can get tied up in. Readers will appreciate Tannen's humor as they see themselves on every page and come away with real hope for breaking down barriers and opening new lines of communication. Eye-opening and heartfelt, You're Wearing That? illuminates and enriches one of the most important relationships in our lives. "Tannen analyzes and decodes scores of conversations between moms and daughters. These exchanges are so real they can make you squirm as you relive the last fraught conversation you had with your own mother or daughter. But Tannen doesn't just point out the pitfalls of the mother-daughter relationship, she also provides guidance for changing the conversations (or the way that we feel about the conversations) before they degenerate into what Tannen calls a mutually aggravating spiral, a "self-perpetuating cycle of escalating responses that become provocations." - The San Francisco Chronicle From the Hardcover edition.

The Mothers-Brit Bennett 2016-10-11 NEW YORK TIMES BESTSELLER "Bittersweet, sexy, morally fraught." -The New York Times Book Review "Luminous... engrossing and poignant, this is one not to miss." -People, Pick of the Week "Fantastic... a book that feels alive on the page." -The Washington Post The beloved New York Times-bestselling novel about young love and a big secret in a small community, from the author of The Vanishing Half. Set within a contemporary black community in Southern California, Brit Bennett's mesmerizing first novel is an emotionally perceptive story about community, love, and ambition. It begins with a secret. "All good secrets have a taste before you tell them, and if we'd taken a moment to swish this one around our mouths, we might have noticed the sourness of an unripe secret, plucked too soon, stolen and passed around before its season." It is the last season of high school life for Nadia Turner, a rebellious, grief-stricken, seventeen-year-old beauty. Mourning her own mother's recent suicide, she takes up with the local pastor's son. Luke Sheppard is twenty-one, a former football star whose injury has reduced him to waiting tables at a diner. They are young; it's not serious. But the pregnancy that results from this teen romance--and the subsequent cover-up--will have an impact that goes far beyond their youth. As Nadia hides her secret from everyone, including Aubrey, her God-fearing best friend, the years move quickly. Soon, Nadia, Luke, and Aubrey are full-fledged adults and still living in debt to the choices they made that one seaside summer, caught in a love triangle they must carefully maneuver, and dogged by the constant, nagging question: What if they had chosen differently? The possibilities of the road not taken are a relentless haunt. In entrancing, lyrical prose, The Mothers asks whether a "what if" can be more powerful than an experience itself. If, as time passes, we must always live in servitude to the decisions of our younger selves, to the communities that have parented us, and to the decisions we make that shape our lives forever.

Double Lives-Helen McCarthy 2020-04-16 A groundbreaking history of mothers who worked for pay that will change the way we think about gender, work and equality in modern Britain. In Britain today, three-quarters of mothers are in employment and paid work is an unremarkable feature of women's lives after childbirth. Yet a century ago, working mothers were in the minority, excluded altogether from many occupations, whilst their wage-earning was widely perceived as a social ill. In Double Lives, Helen McCarthy accounts for this remarkable transformation, whose consequences have been momentous for Britain's society and economy. Drawing upon a wealth of sources, McCarthy ranges from the smoking chimney-stacks of nineteenth-century Manchester to the shimmering skyscrapers of present-day Canary Wharf. She recovers the everyday worlds of working mothers and traces how women's desires for financial independence and lives beyond home and family were slowly recognised. McCarthy reveals the deep and complicated past of a phenomenon so often assumed to be a product of contemporary lifestyles and aspirations. This groundbreaking history forces us not only to re-evaluate the past, but to ask anew how current attitudes towards mothers in the workplace have developed and how far we have to go. Through vivid and powerful storytelling, Double Lives offers a social and cultural history for our times.

Life After Birth-Kate Figs 2013-03-07 Forget about the baby for just one minute; what about you? New motherhood changes everything. Few women are prepared for the radical shifts in identity, emotional intensity and relations with friends, family and the father of their child. In this fully revised and updated edition of the classic book that

first bust the conspiracy of silence surrounding the upheaval of new motherhood, Kate Figes draws on medical and historical research, the invention of 'good' motherhood as well as personal testimony to reassure new mothers everywhere that they are not only normal if they find things difficult, but also doing fine.

My Mother's Secret-J. L. Witterick 2014-09-02 "A novel based on a true story [in which] a mother and daughter risk their lives to provide shelter to two families and a German soldier—all unbeknownst to each other—in a tiny two-room house in Sokal, Poland, during the Nazi invasion"--Amazon.com.

We Are Our Mothers' Daughters-Cokie Roberts 2009-04-07 In this tenth-anniversary edition of We Are Our Mothers' Daughters, renowned political commentator Cokie Roberts once again examines the nature of women's roles through the revealing lens of her personal experience. From mother to mechanic, sister to soldier, Roberts reveals how much progress has now been made—and how much further we have to go. Updated and expanded to include a diverse new cast of women, this collection of essays offers tremendous insight into the opportunities and challenges that women encounter today. In a series of new profiles and revealing updates, Roberts reflects upon the number of female achievers who have graced the public stage in the past decade. In addition to the illuminating and sometimes surprising history of women in a variety of fields, several chapters also introduce us to some of the fascinating women she has encountered during the course of her reporting career—including Hillary Clinton, Nancy Pelosi, Laura Bush, Billie Jean King, Michelle Rhee, and Dorothy Height. Looking into the future, Roberts focuses on the question of "What next?", exploring how several women—including herself—have begun to define themselves in the next stages of their lives. She also relates moving anecdotes about the women in her personal life, including her mother, former congresswoman Lindy Boggs. Sensitive, straightforward, and perceptive, We Are Our Mothers' Daughters celebrates the new diversity of choices and perspectives available to women today and affirms the bonds of sisterhood over the centuries—a vital, powerful interconnection among all women, regardless of background.

The Glass Castle-Jeanette Walls 2006-01-02 Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

Mother Daughter Widow Wife-Robin Wasserman 2020-07-07 “[An] utterly enthralling piece of music, sharp and soulful and ferociously insightful all at once...This singular, spellbinding novel is...an exploration of identity itself.” —Leslie Jamison, author of The Recovering and Make It Scream, Make It Burn “Wasserman has a unique gift for describing the turbulent intersection of love and need, hinting that the freedom we seek may only be the freedom to change.” —Liz Phair, author of Horror Stories From the author of Girls on Fire comes a psychologically riveting novel centered around a woman with no memory, the scientists invested in studying her, and the daughter who longs to understand. Who is Wendy Doe? The woman, found on a Peter Pan Bus to Philadelphia, has no money, no ID, and no memory of who she is, where she was going, or what she might have done. She’s assigned a name and diagnosis by the state: Dissociative fugue, a temporary amnesia that could lift at any moment—or never at all. When Dr. Benjamin Strauss invites her to submit herself for experimental observation at his Meadowlark Institute for Memory Research, she feels like she has no other choice. To Dr. Strauss, Wendy is a female body, subject to his investigation and control. To Strauss’s ambitious student, Lizzie Epstein, she’s an object of fascination, a mirror of Lizzie’s own desires, and an invitation to wonder: once a woman is untethered from all past and present obligations of womanhood, who is she allowed to become? To Alice, the daughter she left behind, Wendy Doe is an absence so present it threatens to tear Alice’s world apart. Through their attempts to untangle the mystery of Wendy’s identity—as well as Wendy’s own struggle to construct a new self—Wasserman has crafted a jaw-dropping, multi-voiced journey of discovery, reckoning, and reclamation. Searing, propulsive, and compassionate, Mother Daughter Widow Wife is an ambitious exploration of selfhood from an expert and enthralling storyteller.

Teaching My Mother How to Give Birth-Warsan Shire 2011-12-01 "Literary pointillism on a funky-out canvas."

What No One Tells You-Alexandra Sacks 2019-04-23 Your guide to the emotions of pregnancy and early motherhood, from two of America’s top reproductive psychiatrists. When you are pregnant, you get plenty of advice about your growing body and developing baby. Yet so much about motherhood happens in your head. What everyone really wants to know: Is this normal? -Even after months of trying, is it normal to panic after finding out you’re pregnant? -Is it normal not to feel love at first sight for your baby? -Is it normal to fight with your parents and partner? -Is it normal to feel like a breastfeeding failure? -Is it normal to be zonked by “mommy brain?” In What No One Tells You, two of America’s top reproductive psychiatrists reassure you that the answer is yes. With thirty years of combined experience counseling new and expectant mothers, they provide a psychological and hormonal backstory to the complicated emotions that women experience, and show why it’s natural for “matrescence”—the birth of a mother—to be as stressful and transformative a period as adolescence. Here, finally, is the first-ever practical guide to help new mothers feel less guilt and more self-esteem, less isolation and more kinship, less resentment and more intimacy, less exhaustion and more pleasure, and learn other tips to navigate the ups and downs of this exciting, demanding time

Good Moms Have Scary Thoughts-Karen Kleiman 2019-07-19 Over 90 percent of new mothers will have scary, intrusive thoughts about their baby and themselves. What if I drop him? What if I snap and hurt my baby? Mothering is so hard—I don't know if I really want to do this anymore. Gosh, I'm so terrible for thinking that! Yet for too many mothers, those thoughts remain secret, hidden away in a place of shame that can quickly grow into anxiety, postpartum depression, and even self-harm. But here's the good news: you CAN feel better! Author Karen Kleiman—coauthor of the seminal book This Isn't What I Expected and founder of the acclaimed Postpartum Stress Center—comes to the aid of new mothers everywhere with a groundbreaking new source of hope, compassion, and expert help. Good Moms Have Scary Thoughts is packed with world-class guidance, simple exercises, and nearly 50 stigma-busting cartoons from the viral #speakthesecret campaign that help new moms validate their feelings, share their fears, and start feeling better. Lighthearted yet serious, warm yet not sugary, and perfectly portioned for busy moms with full plates, Good Moms Have Scary Thoughts is the go-to resource for moms, partners, and families everywhere who need help with this difficult period.

This Is All I Got-Lauren Sandler 2020-04-28 A NEW YORK TIMES NOTABLE BOOK • From an award-winning journalist, a poignant and gripping immersion in the life of a young, homeless single mother amid her quest to find stability and shelter in the richest city in America “A lesson for us all, and a testament to the bigness of the small story, to the power of intimate narratives to speak to something much larger.”—The New York Times Camila is twenty-two years old and a new mother. She has no family to rely on, no partner, and no home. Despite her intelligence and determination, the odds are firmly stacked against her. In this extraordinary work of literary reportage, Lauren Sandler chronicles a year in Camila’s life—from the birth of her son to his first birthday—as she navigates the labyrinth of poverty and homelessness in New York City. In her attempts to secure a safe place to raise her son and find a measure of freedom in her life, Camila copes with dashed dreams, failed relationships, the desolation of abandonment, and miles of red tape with grit, humor, and uncanny resilience. Every day, more than forty-five million Americans attempt to survive below the poverty line. Every night, nearly sixty thousand people sleep in New York City-run shelters, 40 percent of them children. In This Is All I Got, Sandler brings this deeply personal issue to life, vividly depicting one woman’s hope and despair and her steadfast determination to change her life despite the myriad setbacks she encounters. This Is All I Got is a rare feat of reporting and a dramatic story of survival. Sandler’s candid and revealing account also exposes the murky boundaries between a journalist and her subject when it becomes impossible to remain a dispassionate observer. She has written a powerful and unforgettable indictment of a system that is often indifferent to the needs of those it serves, and that sometimes seems designed to fail. Praise for This Is All I Got “A rich, sociologically valuable work that’s more gripping, and more devastating, than fiction.”—Booklist “Vivid, heartbreaking. . . . Readers will be moved by this harrowing and impassioned call for change.”—Publishers Weekly “A closely observed chronicle . . . Sandler displays her journalistic talent by unerringly presenting this dire situation. . . . An impressive blend of dispassionate reporting, pungent condemnation of public welfare, and gritty humanity.” —Kirkus Reviews

American Dirt (Oprah’s Book Club)-Jeanine Cummins 2020-01-21 #1 New York Times Bestseller OPRAH’S BOOK CLUB PICK “Extraordinary.” —Stephen King “This book is not simply the great American novel; it’s the great novel of las Americas. It’s the great world novel! This is the international story of our times. Masterful.” —Sandra Cisneros También de este lado hay sueños. On this side, too, there are dreams. Lydia Quixano Pérez lives in the Mexican city of Acapulco. She runs a bookstore. She has a son, Luca, the love of her life, and a wonderful husband who is a journalist. And while there are cracks beginning to show in Acapulco because of the drug cartels, her life is, by and large, fairly comfortable. Even though she knows they’ll never sell, Lydia stocks some of her all-time favorite books in her store. And then one day a man enters the shop to browse and comes up to the register with a few books he would like to buy—two of them her favorites. Javier is erudite. He is charming. And, unbeknownst to Lydia, he is the jefe of the newest drug cartel that has gruesomely taken over the city. When Lydia’s husband’s tell-all profile of Javier is published, none of their lives will ever be the same. Forced to flee, Lydia and eight-year-old Luca soon find themselves miles and worlds away from their comfortable middle-class existence. Instantly transformed into migrants, Lydia and Luca ride la bestia—trains that make their way north toward the United States, which is the only place Javier’s reach doesn’t extend. As they join the countless people trying to reach el norte, Lydia soon sees that everyone is running from something. But what exactly are they running to? American Dirt will leave readers utterly changed. It is a literary achievement filled with poignancy, drama, and humanity on every page. It is one of the most important books for our times. Already being hailed as "a Grapes of Wrath for our times" and "a new American classic," Jeanine Cummins's American Dirt is a rare exploration into the inner hearts of people willing to sacrifice everything for a glimmer of hope.

The Beautiful Ones-Prince 2019-10-29 #1 NEW YORK TIMES BESTSELLER • The brilliant coming-of-age-and-into-superstardom story of one of the greatest artists of all time, in his own words—featuring never-before-seen photos, original scrapbooks and lyric sheets, and the exquisite memoir he began writing before his tragic death NAMED ONE OF THE BEST MUSIC BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW AND ONE OF THE BEST BOOKS OF THE YEAR BY THE WASHINGTON POST AND THE GUARDIAN • NOMINATED FOR THE NAACP IMAGE AWARD Prince was a musical genius, one of the most beloved, accomplished, and acclaimed musicians of our time. He was a startlingly original visionary with an imagination deep enough to whip up whole worlds, from the sexy, gritty funk paradise of “Uptown” to the mythical landscape of Purple Rain to the psychedelia of “Paisley Park.” But his most ambitious creative act was turning Prince Rogers Nelson, born in Minnesota, into Prince, one of the greatest pop stars of any era. The Beautiful Ones is the story of how Prince became Prince—a first-person account of a kid absorbing the world around him and then creating a persona, an artistic vision, and a life, before the hits and fame that would come to define him. The book is told in four parts. The first is the memoir Prince was writing before his tragic death, pages that bring us into his childhood world through his own lyrical prose. The second part takes us through Prince’s early years as a musician, before his first album was released, via an evocative scrapbook of writing and photos. The third section shows us Prince’s evolution through candid images that go up to the cusp of his greatest achievement, which we see in the book’s fourth section: his original handwritten treatment for Purple Rain—the final stage in Prince’s self-creation, where he retells the autobiography of the first three parts as a heroic journey. The book is framed by editor Dan Piepenbring’s riveting and moving introduction about his profound collaboration with Prince in his final months—a time when Prince was thinking deeply about how to reveal more of himself and his ideas to the world, while retaining the mystery and mystique he’d so carefully cultivated—and annotations that provide context to the book’s images. This work is not just a tribute to an icon, but an original and energizing literary work in its own right, full of Prince’s ideas and vision, his voice and image—his undying gift to the world.

And Now We Have Everything-Meaghan O’Connell 2018-04-10 Selected as One of the Best Books of the Year by: National Public Radio, Esquire, Bustle, Refinery29, Thrillist, Electric Literature, Powell’s, Autostraddle, BookRiot, Women.com "Smart, funny, and true in all the best ways, this book made me ache with recognition." -- Cheryl Strayed A raw, funny, and fiercely honest account of becoming a mother before feeling like a grown up. When Meaghan O'Connell got accidentally pregnant in her twenties and decided to keep the baby, she realized that the book she needed -- a brutally honest, agenda-free reckoning with the emotional and existential impact of motherhood -- didn't exist. So she decided to write it herself. And Now We Have Everything is O'Connell's exploration of the cataclysmic, impossible-to-prepare-for experience of becoming a mother. With her dark humor and hair-trigger B.S. detector, O'Connell addresses the pervasive imposter syndrome that comes with unplanned pregnancy, the fantasies of a "natural" birth experience that erode maternal self-esteem, post-partum body and sex issues, and the fascinating strangeness of stepping into a new, not-yet-comfortable identity. Channeling fears and anxieties that are still taboo and often unspoken, And Now We Have Everything is an unflinchingly frank, funny, and visceral motherhood story for our times, about having a baby and staying, for better or worse, exactly yourself.

The Fifth Child-Doris Lessing 2010-11-17 Doris Lessing’s contemporary gothic horror story—centered on the birth of a baby who seems less than human—probes society’s unwillingness to recognize its own brutality.Harriet and David Lovatt, parents of four children, have created an idyll of domestic bliss in defiance of the social trends of late 1960s England. While around them crime and unrest surge, the Lovatts are certain that their old-fashioned contentment can protect them from the world outside—until the birth of their fifth baby. Gruesomely goblin-like in appearance, insatiably hungry, abnormally strong and violent, Ben has nothing innocent or infant-like about him. As he grows older and more terrifying, Harriet finds she cannot love him, David cannot bring himself to touch him, and their four older children are afraid of him. Understanding that he will never be accepted anywhere, Harriet and David are torn between their instincts as parents and their shocked reaction to this fierce and unlovable child whose existence shatters their belief in a benign world. From the Trade Paperback edition.

There's a Boy in Here-Judy Barron 2002 Judy Barron chronicles her son's battle with autism, discussing how she and the other members of the family learned to deal with his outbursts and special challenges.

Battle Hymn of the Tiger Mother-Amy Chua 2011-12-06 A lot of people wonder how Chinese parents raise such stereotypically successful kids. They wonder what Chinese parents do to produce so many math whizzes and music prodigies, what it's like inside the family, and whether they could do it too. Well, I can tell them, because I've done it... Amy Chua's daughters, Sophia and Louisa (Lulu) were polite, interesting and helpful, they had perfect school marks and exceptional musical abilities. The Chinese-parenting model certainly seemed to produce results. But what happens when you do not tolerate disobedience and are confronted by a screaming child who would sooner freeze outside in the cold than be forced to play the piano? Battle Hymn of the Tiger Mother is a story about a mother, two daughters, and two dogs. It was supposed to be a story of how Chinese parents are better at raising kids than Western ones. But instead, it's about a bitter clash of cultures, a fleeting taste of glory, and how you can be humbled by a thirteen-year-old. Witty, entertaining and provocative, this is a unique and important book that will transform your perspective of parenting forever.

Looking for Alaska-John Green 2008-08-14 NOW A HULU ORIGINAL SERIES! The award-winning, genre-defining debut from John Green, the #1 bestselling author of Turtles All the Way Down and The Fault in Our Stars Winner of the Michael L. Printz Award • A Los Angeles Times Book Prize Finalist • A New York Times Bestseller • A USA Today Bestseller • NPR’s Top Ten Best-Ever Teen Novels • TIME magazine’s 100 Best Young Adult Novels of All Time • A PBS Great American Read Selection • Millions of copies sold! First drink. First prank. First friend. First love. Last words. Miles Halter is fascinated by famous last words—and tired of his safe life at home. He leaves for boarding school to seek what the dying poet François Rabelais called the “Great Perhaps.” Much awaits Miles at Culver Creek, including Alaska Young, who will pull Miles into her labyrinth and catapult him into the Great Perhaps. Looking for Alaska brilliantly chronicles the indelible impact one life can have on another. A modern classic, this stunning debut marked #1 bestselling author John Green’s arrival as a groundbreaking new voice in contemporary fiction. Newly updated edition includes a brand-new Readers' Guide featuring a Q&A with author John Green

Parenting Matters-National Academies of Sciences, Engineering, and Medicine 2016-11-21 Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€which includes all primary caregiversâ€are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Newborn Mothers-Julia Jones 2018-12-10 Newborn Mothers is about doing less, not more. It answers your real questions about the transformation to motherhood including... Is baby brain real? Are you actually losing your mind? You heard it takes a village to raise a child, but what does that look like in the 21st century? You were told these are the best days of your life. ...

Peaceful Parent, Happy Kids-Laura Markham 2012-11-27 A groundbreaking guide to raising responsible, capable, happy kids Based on the latest research on brain development and extensive clinical experience with parents, Dr. Laura Markham’s approach is as simple as it is effective. Her message: Fostering emotional connection with your child creates real and lasting change. When you have that vital connection, you don’t need to threaten, nag, plead, bribe—or even punish. This remarkable guide will help parents better understand their own emotions—and get them in check—so they can parent with healthy limits, empathy, and clear communication to raise a self-disciplined child. Step-by-step examples give solutions and kid-tested phrasing for parents of toddlers right through the elementary years. If you’re tired of power struggles, tantrums, and searching for the right “consequence,” look no further. You’re about to discover the practical tools you need to transform your parenting in a positive, proven way. Mommie Dearest-Christina Crawford 2017-11-21 The 40th anniversary edition of the “shocking” #1 New York Times bestseller with an exclusive new introduction by the author (Los Angeles Times). When Christina Crawford’s harrowing chronicle of child abuse was first published in 1978, it brought global attention to the previously closeted subject. It also shed light on the guarded world of Hollywood and stripped away the façade of Christina’s relentless, alcoholic abuser: her adoptive mother, movie star Joan Crawford. Christina was a young girl shown off to the world as a fortunate little princess. But at home, her lonely, controlling, even ruthless mother made her life a

nightmare. A fierce battle of wills, their relationship could be characterized as an ultimately successful, for Christina, struggle for independence. She endured and survived, becoming the voice of so many other victims who suffered in silence, and giving them the courage to forge a productive life out of chaos. This ebook edition features an exclusive new introduction by the author, plus rare photographs from her personal collection and one hundred pages of revealing material not found in the original manuscript.

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