

[DOC] When Something Terrible Happens Children Can Learn To Cope With Grief Drawing Out Feelings

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When Something Terrible Happens-Marge Eaton Heegaard 1992-01-15 Grade level: 1, 2, 3, 4, 5, 6, 7, k, e, p, i, t.
A Terrible Thing Happened-Margaret M. Holmes 2001-10-01 After Sherman sees something terrible happen, he becomes anxious and then angry, so a counselor helps him talk about these emotions.
What Happens When Someone Dies?-Michaelene Mundy 2014-10-28 The author of the top-selling Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss here helps children as they first experience the reality—and the mystery—of death and funerals. She carefully explains to children how we celebrate the life of a departed one through both sadness and joy. A sampling of the titles of the various booklet sections: Why Do People Die? Does It Hurt to Die? What Happens at the Funeral Home? What Will It Be Like at the Church Service? What Happens at the Cemetery? What Can I Do About My Sad Feelings? What Will Heaven Be Like? When Will Everything Be OK Again? Through her experience as a counselor, teacher, mother, and accomplished children's author, Michaelene Mundy here offers a loving and truly helpful guide for kids.
When Someone Has a Very Serious Illness-Marge Eaton Heegaard 1991 A workbook to help children deal with feelings about serious illness. An excellent resource for helping children learn the basic concepts of illness and various age-appropriate ways of coping with someone else's illness.
Something Bad Happened-Dawn Huebner 2019-09-19 When children learn about something big and bad - even when they hear only bits and pieces - their brains get busy trying to make sense of it. Where did it happen? Why did it happen? And especially, will it happen again? Something Bad Happened guides children ages 6 to 12 and the adults who care about them through tough conversations about national and international tragedies. The non-specific term "bad thing" is used throughout, keeping this a flexible tool, and so children are never inadvertently exposed to events their parents have chosen not to share. Fear, sadness and uncertainty about the "bad thing" all are normalized, and immediately usable coping tools provided. For children and parents to read together, this one-of-a-kind resource by child psychologist and best-selling author Dawn Huebner provides comfort, support and next steps for children learning about troubling world events.
When Mom and Dad Separate-Marge Eaton Heegaard 1990 Encourages children to sort out their painful feelings about the divorce of their parents through drawings.
Alexander and the Terrible, Horrible, No Good, Very Bad Day-Judith Viorst 2009-09-22 On a day when everything goes wrong for him, Alexander is consoled by the thought that other people have bad days too.
Drawing Together to Learn about Feelings-Marge Eaton Heegaard 2003 This art therapy book helps children: Understand feelings and the proper way to express them, Learn to be sensitive to the feelings of others, and develop coping skills for the difficult times in their lives. Adults can use this book to see how children express in pictures what they are unable to express in words.
When a Parent Marries Again-Marge Eaton Heegaard 1993-01 Helps kids sort through unrealistic expectations, different values, divided loyalties, and family histories and helps reduce fear and stress surrounding remarriage.
When Someone Very Special Dies-Marge Heegaard 1992-06-01 A practical format for allowing children to understand the concept of death and develop coping skills for life, this book is designed for young readers to illustrate.
Facilitator's Guide to Drawing Out Feelings-Marge Eaton Heegaard 1996-11 This guide offers suggestions for developing grief support groups and directions for using art to help children ages 6-12 individually or in groups cope with loss and change. Curricula are provided to use with the four workbooks in the series: 'When Someone Very Special Dies', 'When Something Terrible Happens', 'When Mom and Dad Separate', and 'When Someone Has a Very Serious Illness'.
No, David!-David Shannon 2016-08-30 When David Shannon was five years old, he wrote and illustrated his first book. On every page were these words: NO, DAVID! . . . and a picture of David doing things he was not supposed to do. Now David is all grown up. But some things never change. . . . Over fifteen years after its initial publication, NO, DAVID! remains a perennial household favorite, delighting children, parents, and teachers alike. David is a beloved character, whose unabashed good humor, mischievous smile, and laughter-inducing antics underline the love parents have for their children—even when they misbehave.
When Bad Things Happen to Good People-Harold S Kushner 2011-06-01 There is only one question which really matters: why do bad things happen to good people? Out of a faith-shaking and senseless waste of a life comes this remarkable and caring book, which will help many. It has sensible and unorthodox and mind-opening things to say about God - and about ourselves. Its author has wisdom and no bitterness. We can learn from him, about acceptance and guilt and despair and the helplessness we all feel when 'none of it makes sense' when we say 'why them?' or worse 'why us?'. We owe him our thanks! David Kossoff 'Rabbi Kushner writes from a wealth of Jewish wisdom and pastoral devotion, but his theology is, I find, is wholly in keeping with contemporary Christian thought. So far as there is an answer to the conflict between the goodness of God and the bitterness of suffering, this is it! Gerald Priestland 'It will bring new meaning, strength and hope to many' Dame Cicely Saunders, DBE, FRCP Empowering Children through Art and Expression-Bruce S Thomas 2007-06-15 Empowering Children through Art and Expression examines the successful use of arts and expressive therapies with children, and in particular those whose lives have been disrupted by forced relocation with their families to a different culture or community. The book explores how children express and resolve unspoken feelings about traumatic experiences in play and other creative activities, based on their observations of peer support groups, outreach programs and through individuals' own accounts. The authors argue that such activities in a safe context can be both a means of expressing trauma and a coping strategy for children to overcome it. This book combines personal and professional perspectives, using case examples as well as the authors' own childhood experiences, to demonstrate practical strategies for use with children, from drama and storytelling to sculpting with clay. It also equips the reader with knowledge of the theory behind these intervention techniques. This book will be a valuable resource for professionals working with traumatized children who have experienced loss, grief, relocation and other kinds of trauma.
When Parents Have Problems-Susan Beth Miller 1995 Covers selfishness, abuse, pain, emotions, the effects of parental problems on everyday life, scapegoating, power struggles, and related topics, and provides advice on getting professional help
Library Lion-Michelle Knudsen 2009 A lion starts visiting the local library but runs into trouble as he tries to both obey the rules and help his librarian friend.
When You Know What I Know-Sonja K. Solter 2020-03-24 A sensitive, harrowing, and ultimately hopeful novel in verse about one girl's journey in the aftermath of abuse. One day after school, on the couch in the basement, Tori's uncle did something bad. Afterward, Tori tells her mom. Even though telling was a brave thing to do, her mom still doesn't believe her at first. Her grandma still takes his side. And Tori doesn't want anyone else -- even her best friend -- to know what happened. Now Tori finds herself battling mixed emotions -- anger, shame, and sadness -- as she deals with the trauma. But with the help of her mom, her little sister, her best friend, and others, can Tori find a way to have the last word? From debut author Sonja K. Solter comes a heartbreaking yet powerful novel that will strike a chord with readers of Jacqueline Woodson and Tony Abbott.
When Devon Met Oz-Maggie Martin 2008 Oz the dog meets Devon, a young boy, in the park during soccer practice, and helps him identify and cope with his depression.
Isabelle's Dream-Betsy Bottino Arenella 2007-11 Based on the true story of two sisters, Isabelle's Dream takes the reader on a heartwarming journey from grief to hope. This interactive, therapeutic tool gently begins a dialogue between parent and child. Includes 'Seven Tips for Parents of Bereaved Children.' Author is donating 100 of royalties to research into Sudden Unexplained Death in Childhood, a sister organization to SIDS.
When a Family Is in Trouble-Marge Eaton Heegaard 1993 Addiction to drugs or alcohol is a disease affecting the entire family. Early childhood intervention decreases problems in adulthood. This helpful workbook provides basic information about addictions and encourages healthy coping skills. Children express personal trauma and feelings more easily in pictures than in words, and the pages of this title are perfect to 'draw out' those feelings and hurts. There is plenty of room for a child's artwork. A workbook to help children through the trauma of a parent's chemical dependency problems.
Butterfly Kisses and Wishes on Wings-Ellen McVicker 2015-05-01 Butterfly Kisses and Wishes on Wings is a listen-to or read-along book for children. It is a resource that can be give as a gift and used to educate and support any child who is facing the cancer of a loved one. The story line, as told through the eyes of a child, lends itself to a simple and clear understanding of cancer. Most important, however, is the lesson that teaches children to realize the power they have to be an active and integral part of a loved one's cancer journey.
There Are No Children Here-Alex Kotlowitz 2011-11-30 This is the moving and powerful account of two remarkable boys struggling to survive in Chicago's Henry Horner Homes, a public housing complex disfigured by crime and neglect. From the Trade Paperback edition.
The Giving Tree-Shel Silverstein 2014-02-18 As The Giving Tree turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with Lafcadio, the Lion Who Shot Back. He is also the creator of picture books including A Giraffe and a Half, Who Wants a Cheap Rhinoceros?, The Missing Piece, The Missing Piece Meets the Big O, and the perennial favorite The Giving Tree, and of classic poetry collections such as Where the Sidewalk Ends, A Light in the Attic, Falling Up, Every Thing On It, Don't Bump the Glump!, and Runny Babbit. And don't miss these other Shel Silverstein ebooks, Where the Sidewalk Ends, and A Light in the Attic!
Protected-Claire Zorn 2017-10-03 An inspiring and achingly honest story of a girl with the courage to endure, hope, and even heal in the face of unimaginable tragedy, perfect for fans of Sarah Dessen's Just Listen. I have three months left to call Katie my older sister. Then the gap will close and I will pass her. I will get older. But Katie will always be fifteen, eleven months and twenty-one days old. Hannah has survived high school by putting up walls. At first, they were meant to protect her from the relentless bullying that no one would defend her from, not even her popular older sister, Katie. Then Katie died, and, in a cruel twist of fate, Hannah's daily torment abruptly stopped. Now the walls try to shut it all out-the grief, the loneliness, and the harsh truth that Katie's death has somehow improved Hannah's life. Then something happens that Hannah couldn't have predicted-friendship comes knocking in the form of new student Josh Chamberlain. Hannah has never been so desperate for connection. But if this isn't for real, if it's just another joke, Hannah's not sure she can take it. Praise for Protected: "Zorn shows the devastating effects of bullying while affectingly tracing Hannah's spiritual journey, coming to terms with truths she doesn't want to face and learning how to trust. " —Publishers Weekly, Starred Review "Though the book tackles important issues, it reaches far beyond these flash points into a fully developed exploration of the aftermath of tragedy through strong characterization and genuine emotional appeal."-Kirkus, Starred Review
Drawing Together to Develop Self-Control-Marge Eaton Heegaard 2001 An art therapy book for children who exhibit behavioural problems. Children will learn the consequences of their actions, how their misbehaviour affects others, how to develop better judgement skills, and much more.
Such a Fun Age-Kiley Reid 2019 'Alix Chamberlain is a woman who gets what she wants and has made a living, with her confidence-driven brand, showing other women how to do the same. So she is shocked when her babysitter, Emira Tucker, is confronted while watching the Chamberlains' toddler one night, walking the aisles of their local high-end supermarket. The store's security guard, seeing a young black woman out late with a white child, accuses Emira of kidnapping two-year-old Briar. A small crowd gathers, a bystander films everything, and Emira is furious and humiliated. Alix resolves to make things right. But Emira herself is aimless, broke, and wary of Alix's desire to help. At twenty-five, she is about to lose her health insurance and has no idea what to do with her life. When the video of Emira unearths someone from Alix's past, both women find themselves on a crash course that will upend everything they think they know about themselves, and each other"--
The Anybodies-N. E. Bode 2009-05-05 The Anybodies Fern discovers that she was swapped at birth and leaves her tragically dull parents for an unforgettable adventure with her true father, the Bone. Just who are the Anybodies? You'll have to read to find out! Narrated by the hilariously intrusive N. E. Bode, The Anybodies is a magical adventure for readers of all ages. The Nobodies Fern Drudger's quirky adventures continue in this delightful sequel to The Anybodies. She goes to Camp Happy Sunshine Good Times and is bombarded by desperate messages from people who call themselves the Nobodies. But who are the Nobodies, and what do they want from Fern?
A Promise is a Promise-Robert N. Munsch 1995 ". . . warmth and humor of Munsch at his best" --Globe and Mail. Full-color illustrations.
The Phantom Tollbooth-Norton Juster 1996 A journey through a land where Milo learns the importance of words and numbers provides a cure for his boredom.
Toxic Parents-Susan Forward 2009-12-16 BONUS: This edition contains an excerpt from Dr. Susan Forward's Men Who Hate Women and the Women Who Love Them. When you were a child... Did your parents tell you were bad or worthless? Did your parents use physical pain to discipline you? Did you have to take care of your parents because of their problems? Were you frightened of your parents? Did your parents do anything to you that had to be kept secret? Now that you are an adult... Do your parents still treat you as if you were a child? Do you have had intense emotional or physical reactions after spending time with your parents? Do your parents control you with threats or guilt? Do they manipulate you with money? Do you feel that no matter what you do, it's never good enough for your parents? In this remarkable self-help guide, Dr. Susan Forward drawn on case histories and the real-life voices of adult children of toxic parents to help you free yourself from the frustrating patterns of your relationship with your parents -- and discover an exciting new world of self-confidence, inner strength, and emotional independence.
The Color Purple-Alice Walker 2003 The Pulitzer Prize-winning novel that tells the story of two sisters through their correspondence. With a new Preface by the author.
Something Very Sad Happened-Bonnie Zucker 2016-08 A "tool for parents, caregivers, therapists, and teachers to help young children understand the concept of death and begin the process of coping with the loss"--Amazon.com.
Outsmarting Worry-Dawn Huebner 2017-10-19 Worry has a way of growing, shifting from not-a-big-deal to a VERY BIG DEAL in the blink of an eye. This big-deal Worry is tricky, luring children into behaviours that keep the anxiety cycle going. Children often find it hard to fight back against Worry, but not anymore. Outsmarting Worry teaches 9-13 year olds and the adults who care about them a specific set of skills that makes it easier to face - and overcome - worries and fears. Smart, practical, proven techniques are presented in language immediately accessible to children with an emphasis on shifting from knowing to doing, from worried to happy and free.
Hatchet-Gary Paulsen 2009-08-25 Celebrate the thirtieth anniversary of the Newbery Honor-winning survival novel Hatchet with a pocket-sized edition perfect for travelers to take along on their own adventures. This special anniversary edition includes a new introduction and commentary by author Gary Paulsen, pen-and-ink illustrations by Drew Wilks, and a water resistant cover. Hatchet has also been nominated as one of America's best-loved novels by PBS's The Great American Read. Thirteen-year-old Brian Robeson, haunted by his secret knowledge of his mother's infidelity, is traveling by single-engine plane to visit his father for the first time since the divorce. When the plane crashes, killing the pilot, the sole survivor is Brian. He is alone in the Canadian wilderness with nothing but his clothing, a tattered windbreaker, and the hatchet his mother had given him as a present. At first consumed by despair and self-pity, Brian slowly learns survival skills—how to make a shelter for himself, how to hunt and fish and forage for food, how to make a fire—and even finds the courage to start over from scratch when a tornado ravages his campsite. When Brian is finally rescued after fifty-four days in the wild, he emerges from his ordeal with new patience and maturity, and a greater understanding of himself and his parents.
Raising Good Humans-Hunter Clarke-Fields 2019-12-01 "A wise and fresh approach to mindful parenting." —Tara Brach, author of Radical Acceptance A kinder, more compassionate world starts with kind and compassionate kids. In Raising Good Humans, you'll find powerful and practical strategies to break free from "reactive parenting" habits and raise kind, cooperative, and confident kids. Whether you're running late for school, trying to get your child to eat their vegetables, or dealing with an epic meltdown in the checkout line at a grocery store—being a parent is hard work! And, as parents, many of us react in times of stress without thinking—often by yelling. But what if, instead of always reacting on autopilot, you could respond thoughtfully in those moments, keep your cool, and get from A to B on time and in one piece? With this book, you'll find powerful mindfulness skills for calming your own stress response when difficult emotions arise. You'll also discover strategies for cultivating respectful communication, effective conflict resolution, and reflective listening. In the process, you'll learn to examine your own unhelpful patterns and ingrained reactions that reflect the generational habits shaped by your parents, so you can break the cycle and respond to your children in more skillful ways. When children experience a parent reacting with kindness and patience, they learn to act with kindness as well—thereby altering generational patterns for a kinder, more compassionate future. With this essential guide, you'll see how changing your own "autopilot reactions" can create a lasting positive impact, not just for your kids, but for generations to come. An essential, must-read for all parents—now more than ever. "To raise the children we hope to raise, we have to learn to become the person we hoped to be.... This wonderful book will help you handle the ride." —KJ Dell'Antonia, author of How to Be a Happier Parent "Hunter Clarke-Fields shares her wisdom and personal experience to help parents create peaceful families." —Joanna Faber and Julie King, coauthors of How to Talk So Little Kids Will Listen
Holes-Louis Sachar 2011-06-01 Winner of the Newbery Medal and the National Book Award! This #1 New York Times bestselling, modern classic in which boys are forced to dig holes day in and day out is now available with a splashy new look. Stanley Yelnats is under a curse. A curse that began with his no-good-dirty-rotten-pig-stealing-great-great-grandfather and has since followed generations of Yelnatses. Now Stanley has been unjustly sent to a boys' detention center, Camp Green Lake, where the boys build character by spending all day, every day digging holes exactly five feet wide and five feet deep. There is no lake at Camp Green Lake. But there are an awful lot of holes. It doesn't take long for Stanley to realize there's more than character improvement going on at Camp Green Lake. The boys are digging holes because the warden is looking for something. But what could be buried under a dried-up lake? Stanley tries to dig up the truth in this inventive and darkly humorous tale of crime and punishment—and redemption. Includes a double bonus: an excerpt from Small Steps, the follow-up to Holes, as well as an excerpt from Louis Sachar's new middle-grade novel, Fuzzy Mud. "A smart jigsaw puzzle of a novel." --The New York Times WINNER OF THE BOSTON GLOBE-HORN BOOK AWARD A NEW YORK TIMES BOOK REVIEW NOTABLE CHILDREN'S BOOK SELECTED FOR NUMEROUS BEST BOOK OF THE YEAR AND ALA HONORS
Coraline-Neil Gaiman 2009-11-02 When a young girl ventures through a hidden door, she finds another life with shocking similarities to her own. Coraline has moved to a new house with her parents and she is fascinated by the fact that their 'house' is in fact only half a house! Divided into flats years before, there is a brick wall behind a door where once there was a corridor. One day it is a corridor again and the intrepid Coraline wanders down it. And so a nightmare-ish mystery begins that takes Coraline into the arms of counterfeit parents and a life that isn't quite right. Can Coraline get out? Can she find her real parents? Will life ever be the same again?
The Julian Chapter: A Wonder Story-R. J. Palacio 2014-05-13 WONDER IS SOON TO BE A MAJOR MOTION PICTURE STARRING JULIA ROBERTS AND JACOB TREMBLAY! Over 5 million people have read the #1 New York Times bestseller Wonder—the book that inspired the Choose Kind movement—and have fallen in love with Auggie Pullman, an ordinary boy with an extraordinary face. From the very first day Auggie and Julian met in the pages of R. J. Palacio's life-changing book Wonder, it was clear they were never going to be friends, with Julian treating Auggie like he had the plague. And while Wonder told Auggie's story through six different viewpoints, Julian's perspective was never shared. Readers could only guess what he was thinking. Until now. The Julian Chapter will finally reveal the bully's side of the story. Why is Julian so unkind to Auggie? And does he have a chance for redemption?
The Bad Beginning-Lemony Snicket 2016-02-25 'If you are interested in stories with happy endings, you would be better off reading some other book.' Violet, Klaus and Sunny Baudelaire are most unfortunate children. Orphaned after the sudden death of their parents in a house fire, they are left in the hands of their guardian, Count Olaf, who has diabolical plans for them . . . 'A Series of Unfortunate Events' has sold more than 60 million copies worldwide, has been translated into 41 languages and was adapted into a 2004 film starring Jim Carrey. 'Wicked good fun' - Kirkus Reviews
Charlotte's Web-E. B. White 2015-03-17 This beloved book by E. B. White, author of Stuart Little and The Trumpet of the Swan, is a classic of children's literature that is "just about perfect." Illustrations in this ebook appear in vibrant full color on a full-color device and in rich black-and-white on all other devices. Some Pig. Humble. Radiant. These are the words in Charlotte's Web, high up in Zuckerman's barn. Charlotte's spiderweb tells of her feelings for a little pig named Wilbur, who simply wants a friend. They also express the love of a girl named Fern, who saved Wilbur's life when he was born the runt of his litter. E. B. White's Newbery Honor Book is a tender novel of friendship, love, life, and death that will continue to be enjoyed by generations to come. It contains illustrations by Garth Williams, the acclaimed illustrator of E. B. White's Stuart Little and Laura Ingalls Wilder's Little House series, among many other books.

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